

Food Bank Network of Somerset County

BACK PACK FOOD LIST

Chef Boyardee Pasta Mini Meals
(Microwaveable flip top 7.5 oz cans)

Ravioli, Spaghetti w/meatballs, Beef-a-Roni,
Lasagna, Mac & Cheese, Rice w/chicken & vegs

Tuna or Chicken
(Ready to eat pouches or 3oz flip top cans)

Milk (8 oz. boxes)

Juice boxes (8 oz. boxes)

“Kraft Easy Mac & Cheese” (microwave packets)
or

Microwave Mac & Cheese in cups

Cold Cereal (small individual cereals)

Microwave Oatmeal packets

Peanut Butter “To Go” (small individual)

Ramen Noodle Chicken Packets

Pudding Cups, Fruit Cups, Applesauce Cups, etc.

Snack Sized: peanut butter crackers, granola bars,
pretzels, cookies, chips, goldfish, etc.